

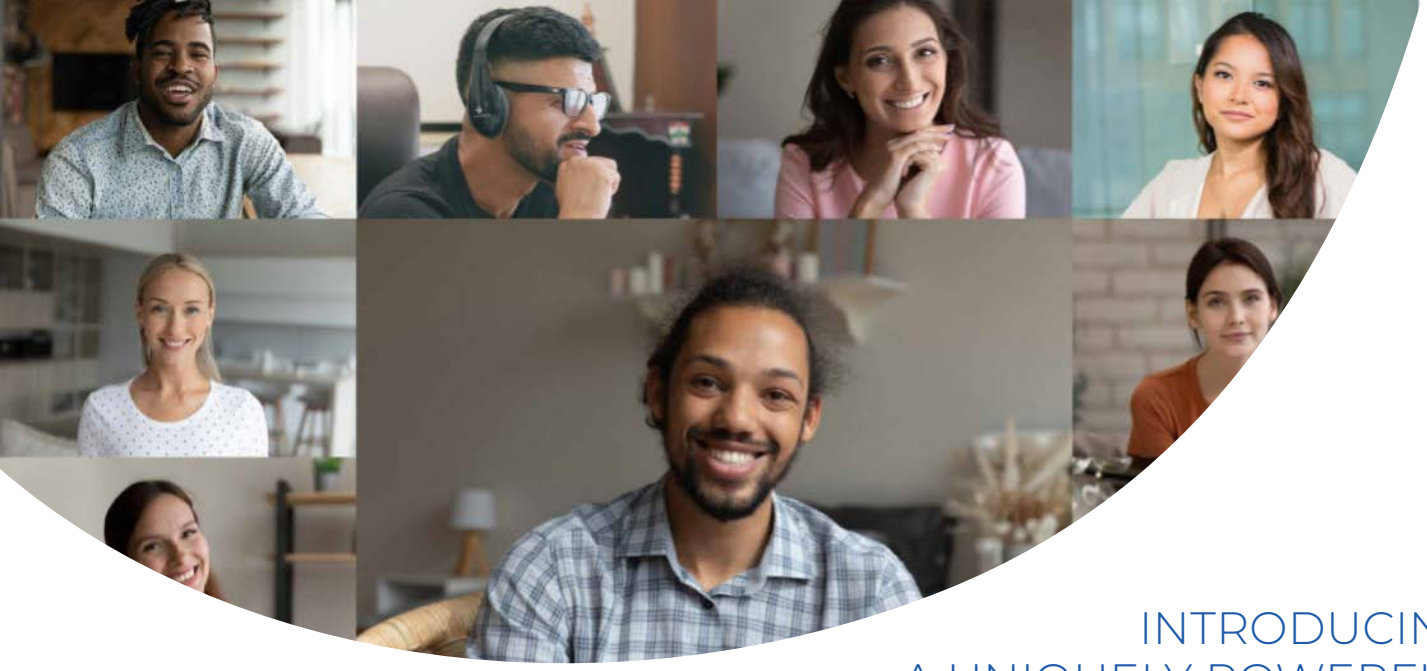
An experiential workshop on a powerful new approach to coaching and leadership

Ontological Coaching and Leadership *in Action*

EUROPE · AFRICA · ASIA · LIVE ONLINE

ICF CCE ICF Continuing Coach Education ICF Coaching Education

Ontological Coaching Institute
Observing *differently*



INTRODUCING A UNIQUELY POWERFUL APPROACH TO LEARNING, LEADING AND COACHING

ONTOLOGICAL COACHING AND LEADERSHIP IN ACTION

The Ontological Coaching Institute presents Ontological Coaching and Leadership in Action – a 24-hour live online workshop, in six half-day sessions, introducing a powerful new approach to personal and organisational coaching.

Join us for a profound learning experience that will allow you to:

- Engage with a powerful, highly effective approach to coaching and leading, capable of generating deep positive change
- Greatly increase your own ability and capacity for masterful living and action
- Lead with greater presence, influence and impact
- Develop more constructive and mutually fulfilling relationships in both your personal and professional life

Ontological Coaching is an extraordinarily powerful methodology for generating real change at the individual, team and organisational level. It is highly effective because it is based on a new practical understanding of the power of language, moods and conversations for sustainable behavioural and cultural change.

Ontological Coaching focuses on our **Way of Being**, which is a dynamic interrelationship between three areas of human existence – **language, emotions and body.** Way of Being contains our often deep-seated perceptions and attitudes and is the underlying driver of our behaviour and communication. Ontological coaching has a holistic orientation that respectfully generates learning in all three areas of language, emotions and body as the catalyst for substantive and sustainable change.



WAY OF BEING

"Theory without practice is foolish, practice without theory is dangerous."

Ancient Chinese Philosophy

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WORKSHOP CONTENT

The workshop is interactive and highly experiential and includes coaching practice.

At the end of the workshop, you will be able to:

- Understand the conceptual framework and principles of Ontological Coaching
- Understand how specific linguistic actions shape reality and how they can be used effectively in coaching to shift behaviour
- Apply a different and deeper approach to the role of listening in coaching
- Understand the pivotal role of moods and emotions in coaching for deep and sustainable change
- Recognise, work with and shift the ways moods and emotions impact on communication, behaviour and performance
- Observe and work with the interconnection between basic moods, body posture and language

WHO WILL BENEFIT FROM ATTENDING THIS WORKSHOP?

Ontological Coaching and Leadership in Action is highly applicable for:

- Existing and aspiring coaches
- Organisational consultants, leaders and managers
- Professionals operating in highly people-focused environments
- Individuals interested in substantive personal development

Completing this workshop is a necessary prerequisite for joining the 18-month Certified Ontological Coaching and Leadership Program.

ICF APPROVED COACH EDUCATION

This workshop is recognised by the ICF as 24 Continuing Coach Education Units (CCE) in Core Coaching Competencies.

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Format

ONE WORKSHOP, MANY TIME ZONES

Six live half-day sessions of four hours each, anchored at **9:00am–1:00pm UK time**. The sessions sit comfortably inside the working day across the UK, Europe and Africa, and reach the Middle East and South Asia in the afternoon. For participants in East and South-East Asia and Perth, the workshop becomes an evening program – so you can take part after work.

6
live online half-day sessions

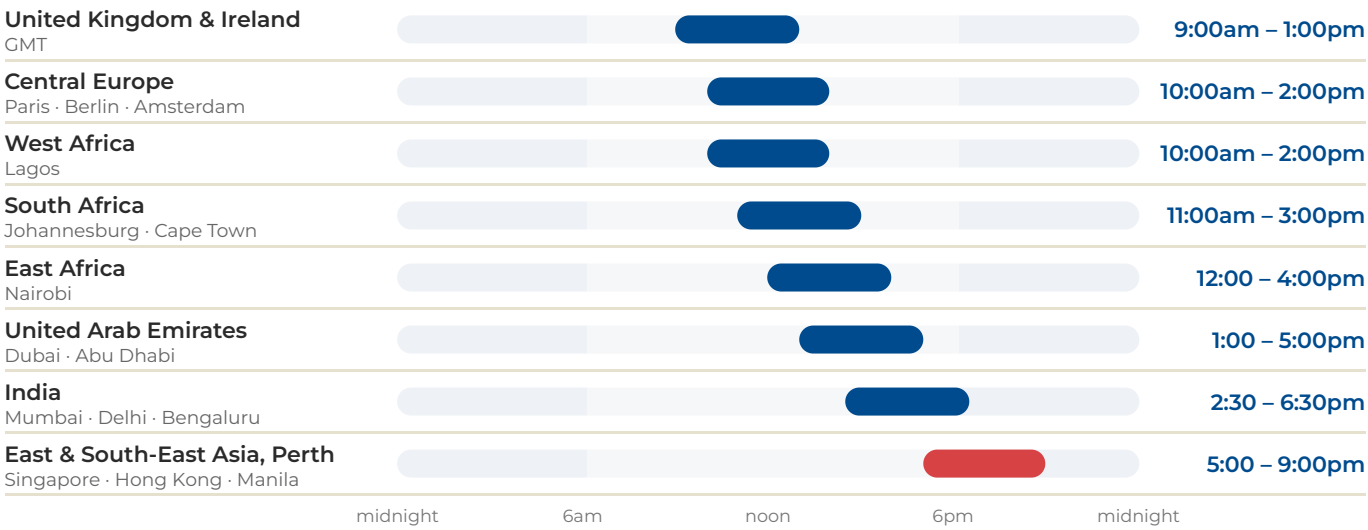
4 hrs
per session, with breaks

24
ICF Continuing Coach Education Units

3
continents, all in daytime or early-evening hours

YOUR LOCAL SESSION TIME

Winter timetable – last Sunday in October to last Sunday in March. Each bar shows the four-hour session on a 24-hour local clock.



ELSEWHERE IN THE WORLD?

Based in the Americas, Australia or New Zealand? We also run this workshop at times that suit those regions. Get in touch and we'll let you know about the next one.

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Format

ONE WORKSHOP, MANY TIME ZONES

Six live half-day sessions of four hours each, anchored at **9:00am–1:00pm UK time**. The sessions sit comfortably inside the working day across the UK, Europe and Africa, and reach the Middle East and South Asia in the afternoon. For participants in East and South-East Asia and Perth, the workshop runs from late afternoon into the evening.

6
live online half-day sessions

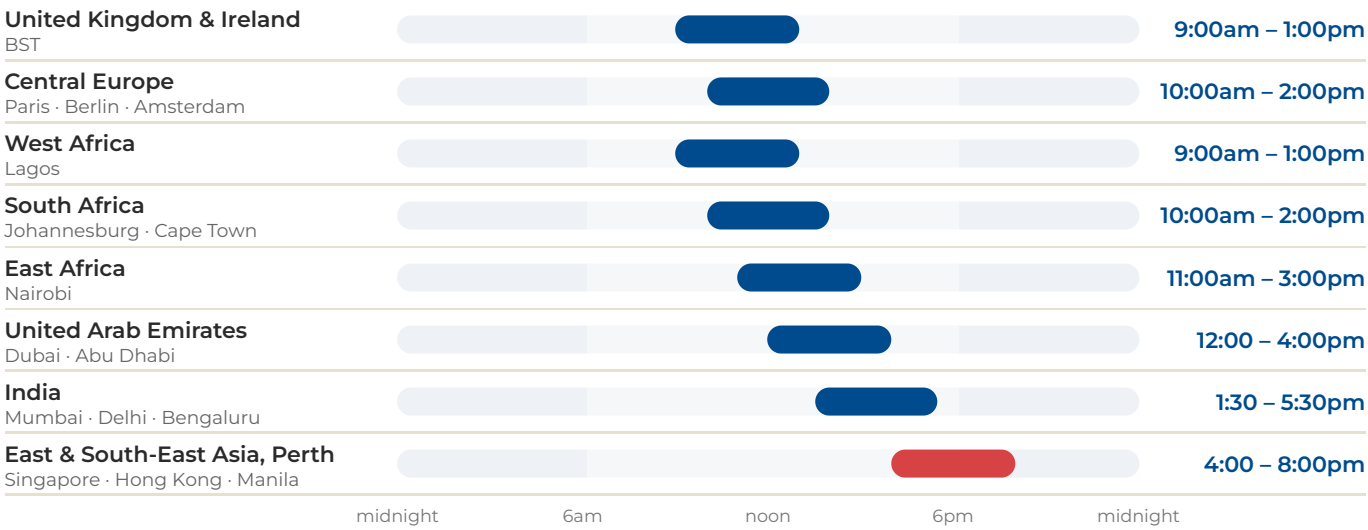
4 hrs
per session, with breaks

24
ICF Continuing Coach Education Units

3
continents, all in daytime or early-evening hours

YOUR LOCAL SESSION TIME

Summer timetable – last Sunday in March to last Sunday in October. Each bar shows the four-hour session on a 24-hour local clock.



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About

ABOUT THE ONTOLOGICAL COACHING INSTITUTE

The Ontological Coaching Institute (OCI) is an international educational, coaching and consulting company specialising in the development of coaches, leaders and managers. One of the most highly regarded coach training schools globally, the OCI's programs rest on a substantial intellectual foundation and are highly practical and 'hands on'.

YOUR FACILITATORS

Alan Sieler PCC

Alan is the founder and Director of the Ontological Coaching Institute. A world leader in ontological coaching, he has written extensively on the relevance of Ontology to living, working, learning and coaching. His work focuses on the communication processes that build a collaborative, high-performance organisational culture, and as a consultant, workshop leader and executive coach he is solidly grounded and highly engaging.

Karen White MCC

Karen is passionate about developing coaching as a profession. She is the Director of Training for the Ontological Coaching Institute and co-leads the 18-month Certified Ontological Coaching and Leadership Program in South Africa, the USA and Europe. Karen is a Master Certified Coach (MCC), accredited through the International Coach Federation (ICF), and has been coaching executives and leaders for 20 years, following an extensive corporate career.

Jeremy Stunt

Jeremy works with senior business leaders on deep and lasting change using ontological methodologies. His focus is helping people to be more resourceful and resilient in challenging personal and professional environments. He also has a strong interest in supporting others to work strategically and in ways that are true to who they are. Jeremy has co-facilitated Ontological Coaching and Leadership in Action in London.

Michelle Edwards PCC

Michelle is an ICF Professional Certified Coach with 12 years' experience in coaching and facilitation. She works with individuals and small teams to deepen awareness of their way of being – how their thoughts, feelings, histories and interpretations shape how they relate, interact and navigate life's challenges. Michelle is the Johannesburg representative for the OCI, co-facilitates Ontological Coaching and Leadership in Action, and is part of the facilitation team for the 18-month Certified Ontological Coaching and Leadership Program.

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Comments

WHAT PARTICIPANTS SAY ABOUT THE PROGRAM

"I experienced an amazing learning journey with Karen White (MCC) and Jeremy Stunt at the Ontological Coaching and Leadership in Action workshop in London.

I have a brand new perspective for myself as a coach and also for my clients and participants in my classes. The discussions, the sessions and the exercises were very deep. I'm so grateful that I decided to fly from Jakarta to London to become what I am today, thanks to this training."

Rima Olivia
Personal Excellence Coach
Jakarta, Indonesia

"In my more than 26 years as a coach and more than 12 years as a Master Certified Coach, I have found that ontological coaching is one of the best methodologies to invoke transformation, innovation, joy, and possibility in people."

Libby Robinson, Advanced Coaching Practicum, USA

"This course is rich in learning, deep in meaning and highly practical for supporting yourself, your leadership and your coaching to thrive in life and business.

If you are looking to take your leadership and coaching to the next level and support others navigate the complexities of today in ways that generate a language of choice, a feeling of agency and a body that is open, relaxed and supportive, I highly recommend this course and experience."

Jane Adshead-Grant
London, UK

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Workshop Dates & Fees

ONTOLOGICAL COACHING AND LEADERSHIP IN ACTION
EUROPE · AFRICA · ASIA | LIVE ONLINE | APRIL 2027

WORKSHOP FEE PER PERSON

Early bird
Paid in full by 7 March 2027

R10,500	$575	€525	£450
ZAR	USD	EUR	GBP

Standard fee
From 8 March 2027

R12,000	$650	€600	£500
ZAR	USD	EUR	GBP

SIX LIVE ONLINE SESSIONS · 2027

SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6
6 April Tuesday	8 April Thursday	10 April Saturday	13 April Tuesday	15 April Thursday	17 April Saturday

SESSION TIMES – YOUR LOCAL TIME

UK	CENTRAL EUROPE	SOUTH AFRICA	UAE	INDIA	SG · HK · PERTH
09:00–13:00	10:00–14:00	10:00–14:00	12:00–16:00	13:30–17:30	16:00–20:00

Times for April 2027, while the UK is on British Summer Time.

HOW TO REGISTER

1. **Complete the online registration form** – it takes about two minutes.
2. **Choose how you'd like to pay:** online by card (PayFast in South Africa, PayPal elsewhere), or ask for an invoice and pay by EFT.
3. **Your place is confirmed** once payment is received.

Register online

Questions?
Email **info@toci.co.za**

Scan to register

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